



Dr. Summer Shaffer, PT, DPT, Cert MDT

Dr. Summer Shaffer, PT, DPT, Cert MDT earned her Doctor of Physical Therapy degree from the University of Central Arkansas in 2009. She is passionate about helping others through physical therapy and has practiced in a variety of clinical settings including Women's Health, Skilled Nursing, Outpatient, and most recently Occupational Health. She began post graduate training in Mechanical Diagnosis and Treatment in 2020 and became a McKenzie Certified Therapist in 2023. Summer has worked for Premise Health at the City of Knoxville for the past 7 years. It is her passion to help employees avoid injury, reduce work related mechanical stresses, improve their quality of life, and reach their full functional potential. Summer's primary role is to provide physical therapy for injured workers, but also develops and implements customized programs for injury prevention and work hardening / conditioning for the City of Knoxville. As a new mom, she enjoys spending time with her husband and infant twins – all of whom keep her on her toes! She also enjoys traveling and going on mission trips.